

## **pavamaana sooktam** **(puNyaaha vaachanam)**

*taittareeya samhitaa, kaanDam 5, prapaaThaka 6, anuvaakya 1  
taittareeya braahmaNm, ashTakam 1, prashnah 4, anuvaakya 8*

om || hiraNyavarNaah shuchayah paavakaa yaasu jaatah kashyapo yaasvindraha |  
agnim yaa garbham dadhire viroopaastaana aapashshagg syonaa bhavantu ||  
yaasaagm raajaa varuNo yaati madhye satyaanrute avapashyam janaanaam |  
madhushchutashshuchayo yaah paavakaastaa na aapashshagg syonaa bhavantu ||  
yaasaam devaa divi kruNvanti bhaksham yaa antarikshe bahudhaa bhavanti | yaah  
pruthiveem payasondanti shukraastaa na aapashshagg syonaa bhavantu || shivena  
maa chakshushaa pashyataapashshivayaa tanuvopa sprushata tvacham me |  
sarvaangm agneegm rapsushado huve vo mayivarcho balamojo nidhatta ||  
pavamaanassuvarjanaha | pavitreNa vicharshaNihi | yah potaa sa punaatu maa |  
punantu maa devajanaaha | punantu manavo dhiyaa | punantu vishva aayavaha |  
jaatavedah pavitravat | pavitreNa punaahi maa | shukreNa devadeedyat | agne kratvaa  
kratoogm ranu | yatte pavitramarchishi | agne vitatamantaraa | brahma tena  
puneemahe | ubhaabhyaaam devasavitaha | pavitreNa savena cha | idam brahma  
puneemahe | vaishvadeeve punatee devyaagaat | yasyai bahvestanuvo  
veetaprushThaaha | tayaa madantah sadhamaadyeshu | vayagg syaama patayo  
rayeeNaam | vaishvaanaro rashmibhi-rmaa punaatu | vaatah praaNeneshiro mayo  
bhooohu | dyaavaapruthivee payasaa payobhihi | rutaavaree yagyiye maa puneetaam ||

bruhadbhih savitastrubhihi | varshishThai-rdevamanmabhihi | agne dakshaih punaahi  
maa | yena devaa apunata | yenaapo divyamkashaha | tenadivyena bhahmaNaa | idam  
brahma puneemahe | yah paavamaaneeraddhayeti | rushibhi-ssambhrutagm rasam |  
sarvagm sa pootamashnaati | svaditam maatarishvanaa | paavamaaneeryo adhyeti |  
rushibhissambhrutagm rasam | tasmai sarasvatee duhe | ksheeragm sarpi-  
rmadhoodakam || paavamaanee-ssvastyayaneehi | sudughaahi payasvateehi |  
rushibhissambhruto rasaha | braahmaNeshvamrutagm hitam | yena devaah pavitreNa |  
aatmaanam punate sadaa | tena sahasradhaareNa | paavamaanyah punantu maa |  
praajaapatyam pavitram | shatodyaamagm hiraNmoyam | tena brahma vido vayam |  
pootam brahma puneemahe | indrassuneetee sahamaa punaatu | somassvastyaa  
varuNassameechyaa | yamo raajaa pramruNaabhih punaatu maa | jaatavedaa  
morjayantyaa punaatu | bhoorbhuvassuvaha ||

om tacCham yoraavruNeemahe | gaatum yagyaaya | gaatum yagyapataye | daivee-  
ssvastirastu nah | svastirmaanushebhyaha | oordhvam jigaatu bheshajam | shanno astu  
dvipade | sham chatushpade | om shaantih shaantih shaantih ||